

Local free range eggs on toast (or potato rosti for a gluten free option)either poached or fried 4.50

Add: spinach 2 mushrooms 2.50 chorizo 2.5

Free range local bacon 3 smashed spiced avocado 3 marinaded grilled halloumi 3

Buckwheat & ricotta pancakes *gf* with either:

Free range bacon & maple syrup OR fruit compote, Greek yogurt & honey 7.5 v

House granola *, Coconut yogurt, date syrup 7 *ve gf*

Pan perdu: brioche French toast, cinnamon sugar, fruit compote, greek yogurt & roasted hazlenuts 7.50

Marinated olives 4

Garlic flatbread strips 4

Hummus with flatbread 4.50

Soup of the day with bread 6 v

Sticky Korean bbq pork or organic tofu salad with soy, chilli & ginger *gf* 8 *Tofu version ve*

Meze plate: Hummus, falafel, balsamic roast onions, spiced cauliflower, dukkah* & flatbread *ve* 8.50

Warm savoury tart, spiced house slaw & new potatoes in herb & shallot butter 11.50

Buddha bowl: Quinoa, crispy chickpeas, superfood slaw ,spiced dressing & beetroot, smashed avocado,

kale & walnut pesto *gf/ ve* 10.50 ADD: grilled halloumi v 3 chicken 3 OR falafel 2

Salad of chicken, prunes, almonds, green beans, chorizo & aioli 12

Sandwiches: White or Malted Rye bread :

Pastrami, slaw, Russian dressing & emmental 6

Hot bacon, lettuce, tomato & mayo 5.80 with chicken 6.50

Hummus & red pepper relish 5.50 *ve*

Smashed avocado, beetroot & pickled onion *ve* 5.50

Mature cheddar & seasonal chutney 5.50 v

Flatbreads :

Pesto, sundried tomato, mozzarella & rocket 6.50 v. Bacon, mozzarella & fresh tomato 6.75

Free range chicken, mozzarella & olive tapenade & rocket 6.75

Goats cheese & red onion marmalade &rocket 6.50 v

Hummus, slaw & sriracha 6.50 *ve*

PUDDINGS: Triple chocolate brownie *gf* 3.25/ 4.50

Lemon polenta drizzle cake *gf* * 2.75/ 4.50

Raspberry jam Bakewell * 3.50/4.50

Pecan nut, raisin butter toffee tart 3.75/ 4.75

White chocolate & mascarpone tart with fruit compote 3.50/4.50

30 day aged ginger parkin 3.30/4.50.

Dark chocolate & beetroot cake *gf* * 3/ 4.50

Homemade shortbread 1.50

Millionaires shortbread * 2.75

v vegetarian ve vegan *contains nuts

Please advise us of any allergies.